

# CHICKEN PIECES

TiNDLE™ Chicken Pieces are juicy, tender bite-sized pieces of plantbased chicken goodness. Put them on top of salads, in wraps, or a stir fry - the possibilities are endless! Enjoy all the flavours of your favourite chicken dish with TiNDLE™ Chicken Pieces, without the feathers.

### **INGREDIENTS**

Water, **Soy** Protein, Rapeseed Oil, Natural Flavoring, Salt

# **Nutrition Facts**

Approx. 40 servings per container

Serving size

3.5 oz (100g)

## **Amount Per Serving**

# Calories

130

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 150mg	7%
Total Carbohydrate 8g	3%
Dietary Fiber 6g	21%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 3.6mg	20%
Potassium 690mg	15%

<sup>\*</sup>The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### **COOKING INSTRUCTION**

**DIETARY CLAIMS** 

**COUNTRY OF ORIGIN** 

Defrost pieces overnight in

refrigerator.

Pan fry: Fry in hot oil for 2-3 minutes,

stirring frequently

Oven: Bake at 350°F for 4-5 minutes

Steam: 6-7 minutes

Do not refreeze after defrosting.

Suitable for Vegans

Singapore

### PRODUCTION PROCESS

We combine quality ingredients and our special blend of flavouring before the mix goes through an extrusion process. It then goes through shaping, cooking, blast freezing, stringent quality control and verification. Next, the product is packed, and stored in the warehouse (<-18°C/0°F), ready to be shipped to our partners!

### THIS PRODUCT CONTAINS SOY.

### CERTIFICATIONS

BRCGS Global Standard for Food Safety

### **QUESTIONS?**

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<sup>\*</sup>Servings per package based on 1kg x 4 Packs in a carton